

Local Tubing Information

Tubing can be a hazardous activity that must be thoroughly planned by qualified personnel. Tubing requirements are not specifically addressed in the current camp code, but there is a NYS Department of Health draft [Camps Tubing Fact Sheet](#) in development.

If tubing is a planned activity for your camp, the procedure must be detailed in your written camp safety plan and approved by the Dutchess County Department of Behavioral & Community Health. The current guidelines are listed in the draft Fact Sheet and proposed safety plan guidelines from the NYS Department of Health.

If you plan to tube at the Esopus Creek, you should be aware that the creek is part of the New York City water system. There are several planned releases of water each year, which drastically increase the flow and decrease the water temperature. You do not want to schedule a trip on those days. The dates of these water releases can be found at the [Town Tinker](#) or the [NYS Department of Environmental Conservation](#) websites.

It is always advisable to call your destination prior to a trip to ascertain weather and water conditions. Information on flow levels of nearby water bodies can also be found at [USGS Current Water Data for New York](#) or [USGS Current Water Data for Connecticut](#).